

GROWTH GROUP DISCUSSION

CONNECT

Was there ever something you were given to eat that caused you to ask the question, "What is it?" Share the story.

LEARN & APPLY

Read **Exodus 16:1-5, 13-18, 31, 35.**

- How do you think people wanted Moses to fix the problem?
- What did God's unexpected solution end up showing them about God and his relationship to his people?

Read **John 6:28-40, 51, 57.**

- How is the gift of God's son to the world similar to God's gift of manna? What was God's purpose in sending Jesus?
- What does this free, undeserved gift to us tell us about God and his relationship to us?

Our bodies need consistent nourishment to grow. Our connection with God is also meant to be a daily practice of nourishment.

- What helps nourish your connection with the Lord? What daily manna do you see him providing to you?

Knowing you need daily spiritual feeding, how might God be calling you to respond to this?

PRAY

Pray today for the Lord to show you how he wants you to receive the manna he has for you, daily, through Jesus Christ.