

LIFE GROUPS

BOWLING LEAGUE

STARTING SEPTEMBER 15

5:30 p.m. | Flaherty's

For persons 18 and older. All skill levels welcome and will be equal with the handicap system. Sign up as 4-person teams or as individuals and we'll work to find a team for you.

COST: \$12 PER WEEK PER PERSON (TOTAL=\$192)

Contact: Ted Cabak
tcabak@atsr.com

RECOVERY SUPPORT

THURSDAYS

6:30 p.m. | CGLC

This is a group for people seeking recovery from any type of addiction or compulsive behaviors and the people who love them. We will use the 12 steps from AA as the principles: to bring us closer to Christ and aligning us with CGLC mission "to be and make disciples."

Contact: Laura Holmberg
laura.holmberg.lh@gmail.com

GRIEF SUPPORT

If you are grieving a loss, you're not alone. Judy has professional counseling experience and is looking to schedule this group based on the availabilities of those looking for support.

Contact: Judy Laabs-Foss
jer2911@comcast.net

MOTHERS OF PRESCHOOLERS (MOPS)

SECOND & FOURTH MONDAYS OF EACH MONTH

STARTS SEPTEMBER 23

9 a.m. | Fellowship Hall

If you have children (newborn through kindergarten) and are looking for some support and fellowship, this group is for you!

COST: \$70 PER SEMESTER OR \$120 FOR THE YEAR

Contact: Kristin Nelson
cglcmops@gmail.com

BOOMER EVENT PLANNING TEAM

Join a team interested in planning monthly events for people of this generation.

Contact: Cathy Clark
cathyc1973@hotmail.com

DON'T DO LIFE ALONE!

A CALL FOR GROUP LEADERS

If you have a passion you would like to share with the CGLC family, we are excited to offer more connection options in the future. Think gamers, game nights, or game feeds! How about cooking classes or creating all things hygge for the long winter?

Let us know what you have on your mind, and we will help get you started.

Contact: Hannah Collins
hannah@gracepeople.church

LIVING WELL WITH CHRONIC CONDITIONS

TUESDAYS, OCTOBER 15 - NOVEMBER 19

9:30 a.m. | Room 145

2nd Half with Lyngblomsten is offering a class at CGLC specifically geared toward those who are living with chronic conditions.

COST: \$15 PER PERSON

Contact: Becky Hulden
bhulden@lyngblomsten.org

HISTORY FELLOWSHIP

WEDNESDAYS

9:30 a.m. | Conference Room

This group is for those interested in how history forms society and impacts our lives as Christians today. Time is spent viewing university courses, lectures and video presentations with lively discussion following.

Contact: Bob Manke
rlmanke7@gmail.com

Stay in touch!



4000 Linden St.



gracepeople.church



(651) 429-5349



hello@gracepeople.church



[@gracepeoplemn](https://www.instagram.com/gracepeoplemn)



[/gracepeoplemn](https://www.facebook.com/gracepeoplemn)



COMMUNITY
- of GRACE -
LUTHERAN CHURCH

4000 Linden Street ♦ White Bear Lake, MN 55110

gracepeople.church



LIVE LIFE. TOGETHER.

FALL 2019



COMMUNITY
- of GRACE -
LUTHERAN CHURCH

LUTHERAN CHURCH

gracepeople.church

GROWTH GROUPS

SERMON-BASED GROWTH GROUPS

Dates and Times Vary

These groups meet in homes or at the church and use the Discussion Guides to dive deeper into Sunday's sermon. Let us help you find a day, time, and location that works for you.

Contact: Hannah Collins
hannah@gracepeople.church

WOMEN OF GRACE CIRCLES

NAOMI

Third Tuesday @ 9:30 a.m.

PRISCILLA

Third Tuesday @ 1 p.m.

SARAH

Second Wednesday @ 1 p.m.

LYDIA

Third Wednesday @ 9:30 a.m.

RACHEL

Third Thursday @ 1 p.m.

EVE

Third Friday @ 6:30 p.m.

The ladies meet at CGLC or homes once each month for Bible study and fellowship. The circles also are dedicated to service projects.

COST: \$6 FOR BOOK

Contact: Mary Nell Clemens
idasbaby159@gmail.com

OLD GUYS' BIBLE STUDY

MONDAYS

9 a.m. | Conference Room

This group of men is studying the book of 1st Corinthians.

Contact: John Blocher
johnblocher@yahoo.com

PRAYING FOR ADULT CHILDREN

STARTS TUESDAY, OCTOBER 1

6:30 p.m. | Community Room

It doesn't matter how young or old your adult children are, they need your prayers. This is a six-week class led by Pastor Joy Johnson using *The Power of Praying for Your Adult Children* by Stormie Omartian. Let us know that you're coming by 9/17 so we can place the book order.

COST: \$20 FOR BOOK

Contact: Carol Orf
cjorf1@q.com

WOMEN'S BIBLE STUDY

STARTS FRIDAY, SEPTEMBER 13

9:20 a.m. | CGLC

This group will be using six-session DVD-based study titled *Feasts of the Bible* by Dr. Same Nadler. Learn how the feasts are still relevant today.

COST: \$10

Contact: Cecil Vitalis
cbvitalis@gmail.com

FIRST PLACE FOR HEALTH

ORIENTATION: TUESDAY, SEPTEMBER 10

6:30 p.m. | Conference Room

(Attendance is not a commitment to join)

STARTS TUESDAY, SEPTEMBER 24

6:15 p.m. | Conference Room

A Christ-centered weight loss and healthy living program that includes Bible study, scripture reading, prayer, and more. Learn more at firstplaceforhealth.com.

COST: \$80.

Contact: Denise Cabak
denise@gracepeople.church

SENIOR ADULT BIBLE STUDY

WEDNESDAY, SEPTEMBER 11

4 p.m. | Community Room

This is a Sunday study guide group led by Pastor Angie.

Contact: Pastor Angie Way
angie@gracepeople.church

MEN'S PRAYER GROUP

FRIDAYS

7 a.m. | Commons

All men are welcomed to pray for our church, community, and other things.

Contact: Joe Remley
jjremley@usfamily.net

MEN'S BIBLE STUDY

STARTS TUESDAY, SEPTEMBER 19

7 p.m. | Fireside Room

This year the guys will be studying 1 & 2 Corinthians. The group meets into May.

COST: ABOUT \$11 FOR BOOK.

Contact: Andy Collins
abbacollins@aol.com

CATALYST

WEDNESDAY, OCTOBER 16 - NOVEMBER 20

6:30 p.m. | CGLC

Take the next step toward a deeper relationship with Christ and into the CGLC community. This is a five-Wednesday pathway to baptism and membership.

Contact: Hannah Collins
hannah@gracepeople.church

TO BE AND MAKE DISCIPLES

SUNDAY, SEPTEMBER 22 & 29, OCTOBER 6

11:45 a.m. | Children's Ministry Center

This series will help you grow in discipleship and gain confidence in your ability to reach others for Christ. Led by Bethel Seminary philosophy of religion professor David K. Clark, PhD.

Contact: Wade Holmberg
wade.holmberg@yahoo.com

VOLUNTEER GROUPS

QUILTERS

MONDAYS AT 9:30 A.M. THURSDAYS AT 6:30 P.M.

Room 101

Help make quilts that benefit so many people!

Contact: Caryl Aanenson
caanenson@gmail.com

BANDAGE ROLLERS

2ND & 4TH TUESDAY OF EACH MONTH

9:30 a.m. | Room 101

This ministry meets October through May to create and roll bandages used in hospitals and clinics in third world countries.

Contact: Lois Balken
(651) 777-9403

SANCTUARY CHOIR

WEDNESDAYS

6:00 p.m. | Room 145

This mixed group sings at the Traditional Service and other special events (September to May).

Contact: Ishaya Yarison
ishaya@gracepeople.church

CONTEMPORARY WORSHIP TEAM

THURSDAYS

6:30 p.m. | Fellowship Hall

Join the team leading Sunday worship using contemporary music and instruments.

Contact: Dan Lugo
dan@gracepeople.church

KNITTERS & CROCHETERS

2ND & 4TH MONDAY OF EACH MONTH

12:30 p.m. | Commons

Bring your own projects or help make prayer shawls to give away.

Contact: Phyllis Navis
(651) 779-7611

GREETING CARD RECYCLERS

VARIES

Room 101

Join the team that recycles greeting cards to be sold to support various mission efforts.

Contact: Rose Gustafson
(651) 426-0331

WOMEN'S CHORALE

WEDNESDAYS

7:15 p.m. | Room 145

These ladies sing at the Traditional Services and other special events September to May.

Contact: Ishaya Yarison
ishaya@gracepeople.church

HANDBELLS

THURSDAYS

7 p.m. | Room 145

This group plays at the Traditional Services. Must be able to read music.

Contact: Doug Nelson
doug@gracepeople.church