

GROWTH GROUP DISCUSSION

CONNECT

When you know someone is truly listening to you, how does that make you feel? Worship has been described as focused attention. What do your experiences of worshipping and listening have in common?

LEARN & APPLY

Read **Mark 1:34-36** and **Luke 5:15-17**.

- What do these passages tell you about Jesus?
- Why do you think he needed to do this? Why do we?
- What keeps us from intentionally listening to the Lord?

Read **John 14:15-21, 25-27**. We have been given the Holy Spirit to help draw us into the love of the Father and to remind us of all he's said.

The challenge this week is to intentionally set aside some time to listen to the Lord. What are the biggest obstacles you face in listening? Share them and together ask the Holy Spirit to help you develop this practice.

PRAY

As you begin your time to listen to the Lord this week, start by praying either aloud or in silence Psalm 131 three times. Ask the Lord what he wants to say to you this week.